

EPISODE 135

Personal Feedback Survey

UNBECOMING
with PHOEBE MROCZEK

SECTION 1

1. What is the first thing that comes to mind when you think of me?
2. What matters most to me?
3. What do you see as a special skill I am gifted with?
4. What are my three biggest strengths?
5. What are my three biggest weaknesses?
6. When I'm not in the room, what positive AND negative things do people say about me?
7. What is one strength or skill you feel I am not currently maximizing or fully utilizing?
8. What is one thing I should STOP doing?
9. Complete the sentence: "My relationship with Phoebe would be more fulfilling if she..."
10. What would you miss most about my presence if I passed away?

SECTION 2

1. Where do you see me out of integrity or not fully ME, as it relates to my public persona?
2. What do you feel I'm an expert in?
And for which specific audience?
3. What would you pay me for based on my strengths or skillset?
4. What do you think my unique value proposition to the world is? What impact do I make on others without realizing it?

SECTION 3: WRITE OUT YOUR DREAM

1. Based on what you read above, how sure are you that I will be able to achieve this in 5-10 years?

0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

2. What quality, strength or skill do I have that makes you the most confident that I will achieve my dream?

3. What is the biggest reason you believe I will succeed?

4. What skillset do you feel I most need to improve on or develop to make this happen?

5. What challenges do you foresee, or areas I might need support with?

6. What is the biggest reason you believe this might fail?

7. Knowing my dream and based on your experience, what (anonymous) advice would you give me that would help me succeed?

8. What is one way you believe you could help me achieve this?

9. Anything else you'd like me to hear or know?